

Soft Tissue Orthopedics:

One of the techniques that I incorporate into my practice is a system called Soft Tissue Orthopedics (STO) which correlates back pain (orthopedics) to organ dysfunction (soft tissue). For instance, many patients who come in to see me complaining of neck or right shoulder pain may possibly have problems with their liver or gall bladder due to toxic overload caused by stress, chemical reactions, dehydration or strong negative emotions. The distress of these organs causes referred pain to the person's neck and right shoulder. Another example of STO is when lower back pain is caused by the intestines, the kidneys, the adrenal glands or an infection on the nerve. Although the pain in the lower back may be crippling and excruciating, the cause of it may often be found elsewhere.

"Your Biography is Your Biology"

Dr. Carolyn Myss

Biological Dentistry:

Another area of the human body I focus on and question the patient about is their teeth! After years of study, I have come to understand the relationship between the teeth and one's overall health and well-being. There are dentists throughout the world who understand this and have taken their profession a step further by developing what is known as Biological Dentistry. I have the good fortune to be working with one of the world's best! Medical research is now showing that infection in the oral cavity may be responsible for creating a number of various diseases. It is imperative that every patient have an understanding about the teeth and how each tooth has an energetic signature that affects every system of the body.

**I am available for consultation by
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***INTEGRATED
HEALING ARTS***

**Hands on Healing
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***It's Easier to Maintain Health
Than to Regain It***

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An Explanation of My Work:

Over the years, many patients have requested that I write a document describing what I do. What follows is an explanation beginning with the definition of the term "natural healing."

Natural Healing:

Natural healing involves viewing the body as a whole. This challenges us to release our traditional paradigm of linear thinking, and replace it with a systems thinking model. This "new" paradigm values the inter-relationships of all biological systems and views each area of the body as a hologram of the body itself. It acknowledges that every physical thing, every idea, every problem, exists in relationship to something else.

As president of a large healing arts organization, I had the opportunity to travel the world's most interesting and exotic places to study and teach. As a result, my work became an amalgam of techniques that allows me to offer my patients a palette of healing options.

"To open yourself up, the first thing you must do is to stop thinking."

Dr. Cam Yuen

As a physician, it is my duty to **educate, treat, and gently guide** each patient by making various suggestions they **can live, work, and feel comfortable with**. Some examples are:

- **Detoxification programs**
- **Addressing all dental problems**
- **Nutritional supplementation**
- **Dietary recommendations**

I also provide a host of **positive affirmations** to assist the patient with releasing negative thinking patterns which prevent them from accessing their full energetic potential.

Oftentimes, people who come to see me have tried numerous approaches towards getting well with little or no long-term results. It has been my experience that the reason for this is **they are investing their power in the wrong areas and not enough remains to allow healing to take place**. To correct this, requires that they step outside of themselves to take a look inside. This introspective process is called an energy assessment, and it must be applied to every aspect of the patients' life. Although challenging, it is **absolutely and undoubtedly** the most important issue to be addressed on one's journey toward better health.

Chiropractic:

The word chiropractic originates from two words in the Greek language "chiro" which means **hand** and "practic" which means **to practice**. So the actual definition of the word Chiropractic is "to practice by hand." In the United States, chiropractors are **primary care providers** and are on equal footing with their medical counterparts. Historically, chiropractors never treat symptoms. Instead they look for and treat the root cause of the problem. This healing art is based on the belief that by treating the spinal column, which is a continuation of the brain and nervous system, the body's own **intuitive comprehension** of how to take care of itself is enhanced. In the "old days" a person went to see the chiropractor when they felt good so they could maintain their health and well being. In today's medical model, maintenance or preventative care is rarely discussed or recommended.

"If you don't take care of your body, then where will you live?"