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*Awareness*

**PRESENT CHALLENGE**

*Gaining spiritual insight as you release past emotional pain.*

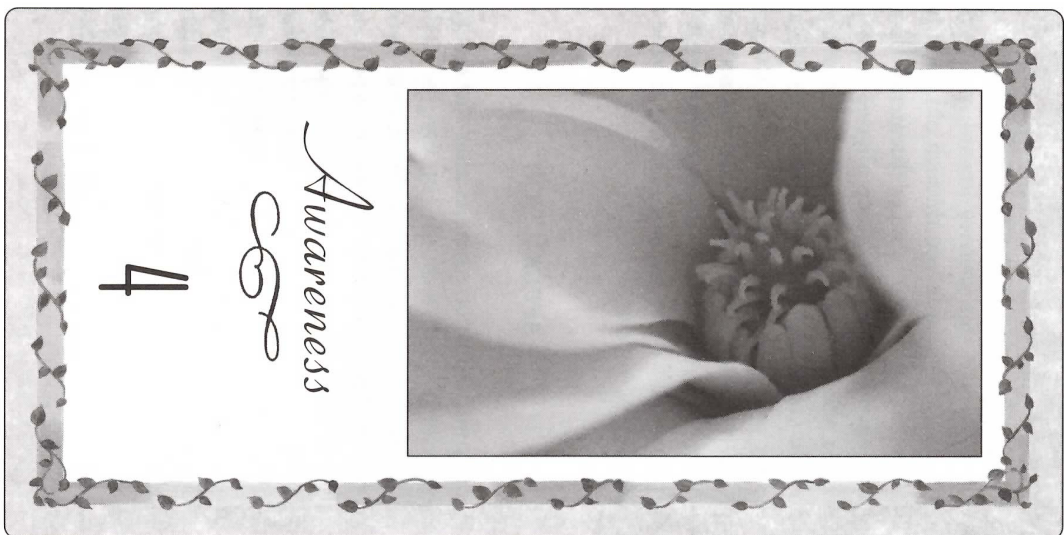
You have drawn this card to further awaken your spirit and to help you feel safe as you break through past limitations. You may feel dulled by life and longing for a peak spiritual experience that will assure you of your path.

This card is coming to you to say that spiritual growth is a process and that plateaus are present at all stages of spiritual work. Feeling stalled may indicate that you are still absorbing the learning available from a recent significant change in your life. Feeling glued to your present state of ennui or lassitude may also indicate that you need to accept the nature of normal day-to-day spiritual practice.

**ANGELIC MESSAGE**

*Awareness*

*Your entire life has a focus, and this focus is at your center, the center of your being, which is your spirit or inner mind. Your essential self is given the work of discovering itself, and this is the journey through life. You may wonder why it is that you seem to have come into this life having had this essential knowledge erased.*



*It would seem so much easier to be able to recognize inherently the differences between impulses arising from the Divine and those arising as coping mechanisms for life.*

*We, your angelic teachers, suggest that your essential knowledge has not been erased, merely implanted deep within you so that you must search in the right ways to discover it. The Divine is seen in everything and every way. You cannot go to the store, eat a meal, pat your family dog, or sleep in the arms of your lover without knowing the God within you. Likewise, you cannot hear of the death of a friend, say good-bye to your children as they head into the world, leave a job, or break your leg and not know God. God is the totality of your living experience.*

*Your journey into awareness is to imagine that everything you eat, think, touch, and absorb every day is somehow teaching you about God. Your desire to become aware of God is providing the impetus for your recognition of the Divine that is constantly at work in your life. As you realize that you are an inseparable part of God, you want to know more of the ways to accept this realization. When you meditate, you have the opportunity to accept God into your heart because you are accepting your own divine nature. This acceptance allows a subtle but life-shifting merger to take place. Awareness of your acceptance encourages merger with the Divine, and this merger is the pathway to enlightenment.*

### SPIRITUAL OPPORTUNITY

The guidance through the flower that appears on this card tells you that you are emerging through past pain, loss, fear, rejection, or abuse to assume a more dramatic and visible means of working to heal other living things. You are entering a powerful time of spiritual insight because of your desire to learn from past negative experiences. Your healing capacity is being awakened, and you may discover that more advanced levels of spiritual insight are becoming available to you. You may discover, for instance, skill in clairaudience or clairvoyance, or in running healing energy through your

hands. These abilities are a natural outgrowth of your return to the wisdom of your basic spiritual nature.

You can easily imagine this card as speaking to you from the angels because of the soft, creamy color of the petals and the green, healing energy of the center or heart of the flower. This flower is suggesting that you, too, will benefit from becoming or remaining soft and receptive, seeking to receive love continually from the Universe as the basis for your healing work. This flower image carries an extremely positive energy for transformation into new levels of insight and work. Be sure not to underestimate your worth or ability to maximize upcoming opportunities. This card tells you to be aware of subtle influences and not to discount whatever comes to you, because it offers you opportunities to reclaim your true inner power.

### APPLICATION

You are part of the subtle energy field of the entire Universe and are thus able to sense life force in other people and such living things as animals, plants, and trees. Practice sensing the movement of these subtle currents of life within other living systems. Cup your hands around a beautiful flower, for instance; close your eyes, and allow your angels to guide your thoughts. Try opening your eyes and talking directly into the flower, sharing your daily concerns, expectations, needs, and dreams. Talking to a specific flower each day is an especially effective way to awaken dialogue with your angels and to hear their guidance for you.