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*Willpower*

**PRESENT CHALLENGE**

*Finding the inner discipline to stay consistent with your daily spiritual practices.*

You have drawn this card of Willpower to alert you that the quality and time spent in your spiritual work and study needs to be re-evaluated. This card suggests that you require a more direct relationship with the Divine so that you can feel more aligned throughout your daily activities.

You may be feeling uneasy about your meditations and the time you spend in prayer. You may feel stalled, or perhaps stale, in your inner work. You may be questioning the effectiveness of your spiritual practices. You may also be aware that you are easily distracted, that your life seems too busy for finding adequate time to meditate, and/or that you have no quiet place in which you can be alone. You may feel also that it is time to take the next step to deepen your relationship with God. This card is asking you to consider your means for growing spiritually.

**ANGELIC MESSAGE**

*Willpower*

*To have willpower seems to be considered difficult, fraught with struggle, and a desire to be somewhere else doing something other*



*than what has been undertaken. Does the flower need willpower to seek the sun? Does the flower need willpower to hold the raindrop? Do you need willpower to know your divine essence?*

*Being in alignment with God is the purpose of existence, so how can it be so difficult? Is willpower, then, an act of ultimate contrition, the performance of a difficult and unwanted task? The divine love of the Universe doesn't need willpower to find you; it simply runs along the currents of your life and merges with you as you let it. The flower allows the natural elements of its life to co-exist within its petals and stem. The Universe is freely found when you have the desire to look at what is fully present and easily seen through the mystery and beauty of physical existence. Pain and sorrow, like all paths, lead to the Divine.*

*Love isn't found by using willpower. Spiritual practice that is enlightening and important to your life isn't found with willpower but rather with the encouragement of your soul. You create a disciplined spirit from desire to know God, and it is this energy that merges your heart's desire with the force of your ego to create a powerful antidote for the pressures of your daily living.*

### SPIRITUAL OPPORTUNITY

This card is suggesting that you have entered a time of shifting energies and that success and positive growth comes from staying centered within the quiet focus of divine love. The guidance it offers is to remain focused on your daily work with spirit. The dewdrop falls naturally to the center of the flower just as the essence of divine love moves of its own natural accord to your own inner center of spirit. This center is the place of all successful growth, change, and progress.

Your life is presently similar to the graceful flower petals that sway, bend, and twist in the force of physical circumstances. The people and circumstances in your life are undergoing change, and through this flower you are being guided to stay balanced within your own center so that you are not thrown out of alignment and away from your purpose by the

shifts that others are making. You are being offered the wisdom of the still point, placing your trust and belief in your own nature as it is aligned with the forces of Providence.

### APPLICATION

Meditation is an essential part of self-exploration. When you sit to meditate, try relaxing your upper body so that you can sway back and forth or from side to side, or you can move your shoulders, your neck, or your head. Movement helps hold the mind's attention and thus gives you added insight into and access to the non-verbal aspects of your subconscious and superconscious. When you are excited and intrigued by the results you are getting from your meditation, then it ceases to be a drudgery and becomes the most interesting and significant part of your day.

Use the daily routines of your day to practice the awareness you've been given in meditation by your angelic teachers. Whether or not you feel you have a direct angelic interaction, assume that the questions you pose in meditation are receiving attention from your teachers. The effect of any learning from the nonphysical world is to improve your ability to be a loving and compassionate person on the Earth. As you see inner movement in this direction, assume you are being guided.