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*Release*

**PRESENT CHALLENGE**

*Relinquishing struggle and accepting the truth of your angelically-inspired perception.*

You have drawn this card to help you validate your inner feelings about the work you are already doing, want to do, or dream about creating that is your gift to humanity and the planet.

This is a critical card of Alignment because it calls you to accept your own guidance and a spiritual perspective to your life. This card is also calling you to recognize that you may be sinking or stuck in the quicksand of your rational dialogue, and it is your cue to move into the perspective of your divine nature. You are being asked to see the value in your life as, without hesitation, you give love, appreciation, and compassion to yourself and others.

**ANGELIC MESSAGE**

*Release*

*Do the angelic kingdoms truly influence your life? Can you reduce pain and recycle self-destructive feelings and attitudes into compassionate and self-accepting ones? The answer is unequivocally "yes," although it takes consistent desire and attention to bring*



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about long-standing change. Your spirit seeks to draw you into an awakened state, because this is all that it knows. When you meditate, pray, and try to live in awareness of your divine nature and the divinity of all other things, then you awaken grace and reduce struggle, no matter the physical circumstances you find yourself in.

Your awakened spirit is the bud of love and God-realization in your life. Consider the flower bud as it seeks the light of its purpose. You might wonder why it does not get confused and disoriented in making its way into life. You might imagine correctly that it has no other choice, and its life is pre-ordered to only accept its purpose. You are pre-ordered in basically the same way, because you and the flower both search for the physical and spiritual light.

Struggle is part of living on Planet Earth. Mental struggle is mitigated by spiritual awareness. When you find even momentary peace of mind it is because you have called on your ability to accept and give love and compassion. You will have accepted that you have a Buddha nature, a wisdom mind that can merge with the awareness from other teachers, avatars, and masters to bring you into alignment with your highest self. It is only in this state of highest self that you can glimpse joy and release pain and the fear of abandonment and death.

Consider this card as affirmation of your immediate ability to claim your highest self and release the needy aspects of your life that mentally hold you prisoner. As you find ways to relax your mind and find your spirit, the perceived limitations of your mental view will slowly vanish. Accept your own wisdom mind and those impulses that flow to your spirit from God, impulses that you can discover through your deep intuition. Here for your use in meditation is a powerful mantra that will encourage the process of release and acceptance of the true nature of your divinity:

*"I am love, I give love, I accept love, I believe in love, I extend love, I am always becoming love."*

### **SPIRITUAL OPPORTUNITY**

The guidance coming to you through this flower image helps you accept that you may find a diversity of authentic

approaches to spiritual study and growth. Notice the brilliance of the healing green color as the buds gradually open to more subtle hues. These buds are symbolically your own spiritual impressions and feelings emerging from a wide variety of sources. Reading good spiritual literature, for instance, does much to awaken your own perceptions of what has merit and appeal to you. When you first hear of specific spiritual insights, interpretations, or observations, you may not accept some of them, or even any of them, as relevant for your path. If you've been raised in a particular religion, you may be tempted to feel that only one way is the authentic path to God.

Your guidance through this card is to keep an open mind, to observe all that crosses your path, and to sense from your heart whether what you are reading or listening to has validity. Wherever it is genuine, your own perception will lead you toward love, compassion, and self-understanding.

### **APPLICATION**

This card is drawing your attention to your need to believe more in yourself and in your divine guidance.

When you feel discouraged, try releasing all the mental busyness by fixing your attention on one solid object or beautiful image. Hold your attention here until the mental struggle abates and you find a sense of renewal emerging within your heart. This is a simple means of reaffirming the presence of your awakened spirit and its alignment with everything else in the Universe. Try writing out an affirming statement of your acceptance of guidance in your life and placing it next to or underneath this card. An example of such a statement would be, "I acknowledge my divine self and ask to live with awareness of this sublime love."