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Freedom

PRESENT CHALLENGE

Turning your impatience into spiritual energy for self-discovery through Nature.

You have drawn this card as a means of finding a more satisfying inner freedom from anxiety and feelings of being pushed by life, with never enough time, energy, money, or experience to find or create what you feel you need or are ready for.

You may feel impatient with other people or with your own spiritual progress. You may feel impatient with your work, lack of work, or inability to find or create meaningful work. You may feel impatient to heal. This card has the energy of investigation and urges you to discover the freedom exhibited by Nature as each living thing goes about its own activities.

ANGELIC MESSAGE

Freedom

One of the greatest delusions of Earth School is that there is only limited time in which to accomplish your goals and meet your essential needs. You may have limited ordinary mental time, but you have unlimited spiritual time, and this is an essential difference to become aware of when seeking freedom from struggle and stress.



Your ordinary mind has you rushing headlong toward death, with hardly an opportunity to breathe in the goodness of life and to benefit from your life before it is over. You can learn freedom from impatience, which means experiencing and expressing the joy and peace of your existence when you break through impatience. When you are impatient you are expressing the ordinary mind's desire to override and shortcut the essential spiritual change and growth process underway within your spirit. Your normal mind tells you not to bother waiting, that you are ready for whatever it is you want right now. If this were so, then you would have done that very thing already, or be doing it this moment. If the goal you want is still outside your reach, then consider that it is also outside your realization. To reach a goal means first to fully realize the nature of what you want and the ways in which it is tied to the very important spiritual process of transformation underway in your life right now.

What is the relationship between impatience and realization? Impatience blocks realization by preventing you from perceiving the natural confluence of experience and spiritual understanding merging inside your life. All lasting and meaningful change is arrived at slowly, as you discover that all meaningful opportunities come to you in creating the spiritual realization of these opportunities. Impatience is misleading, because you hear your mind telling you that you are ready for something when you may not be. Nature is never hurried; it responds to the cycles that build, one from the next, as each has fulfilled its opportunity for growth. You are no less guided by the Divine. You too are opening to your opportunities as you observe and work with awareness of your developing spirit.

SPIRITUAL OPPORTUNITY

The guidance coming to you through this flower image is that self-realization lies in experiencing fully each singular aspect of your living. The creamy stamen of this flower lies in the foreground, asking you symbolically to hold your attention on the experiences of the moment. This guidance suggests you need to experience the freedom of this moment. In order to

discover joy in the moment and to experience the freedom to take the time you need for the people and individual experiences in your life, pay attention to occasions when the opposite is true and you feel impatient.

Why do you feel impatient with another person when that person repeats himself or herself or fails to make the point that you think is important? Where is your awareness and your tension level when you look at your watch and realize you have five minutes to get to the store before it closes? How do you feel when it rains or snows and you have to shovel or put on extra warm or protective clothing? Impatience becomes a way of life that you may hardly recognize as your motivation for gulping down life without savoring any of it. This is the feeling of always being pushed, out of breath, and reaching for what comes next.

How do you relinquish impatience? By keeping your focus on your inner mind, which tells you all life is moving at its most perfect pace and that you are required to sense this pace and move in harmony with it. When you seek this pace, you relax into freedom, and you find you can enjoy each experience of your life and savor its gift fully.

APPLICATION

Take a deep breath, smile at your compulsiveness and anxiety, and love the fact that you can see these in yourself and not judge that they are bad. They are only the product of your normal mind. Try moving through anxiety the next time you are aware of feeling pushed. Stop what you are doing and say to yourself, "There are no time limitations to my spirit's work, and therefore all that I do will come to fruition at exactly the right moment."