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Forgiveness

PRESENT CHALLENGE
Accepting responsibility for your life; releasing blame and the judgement of others.

You have drawn this card because immense beauty and opportunity live beneath your old emotional scars. You have reached a point in your life when you are being directed to free up the energy you've tied to old feelings and failures. Even though you may have worked on your dysfunctional patterns for years, this time in your life represents the final pass-through for many of these persisting lessons.

Forgiveness is the basis for spiritual work because it asserts that you can truly know and appreciate only your own life's journey and perspective. Forgiveness comes through turning your attention inward and using the spiritual energy of love to assess your own relationships.

ANGELIC MESSAGE
Forgiveness

Forgiveness is a spiritual initiative rather than one grounded in the emotions or the intellect. It is difficult to forgive others completely without reserving that small corner of your heart that asserts you



were right and they were wrong. That is because you may be seeking to forgive others by using a rational explanation for the reason you should forgive. Truly releasing lingering remorse, guilt, or anger through reasoning is impossible. But, once you realize that your failure to forgive hinders the flow of love into your life and the circulation of this essential energy throughout your body and mind, you are capable of forgiving others from a place deep within you.

Love is the nature of the spiritual energy that guides your life and quite literally accounts for the inner balance that maintains physical health and emotional well-being. Forgiving others allows you to release the energy of love into your daily living. The love you need today in your life to help you meet challenges and to maintain your own inner "light" may still be tied to old, unresolved hurts. Any apathy you are experiencing, any confusion, lack of direction, exhaustion, or sense of being overwhelmed, may well stem from captive energy held in the small corners of your heart.

Love is the emotional and spiritual energy that ties you to those who have hurt you. The issues that seem to defy forgiveness are always aligned in some way with love: the love you never received, the love that you offered and others rejected or betrayed, the love that was used to manipulate or control you. Love is the basis of your life's well-being, but in tying your spiritual energy reserves to old hurts you are severely limiting the energy of love available to you in the present moment. Perhaps this is the time to search your heart for those you still need to forgive more fully.

SPIRITUAL OPPORTUNITY

The simplicity and elegance of the single purple flower image on this card shows you quite strikingly your guidance for this day. You have drawn this card of Partnership and relationship in order to expand your current level of spiritual awareness and the love in your life. You are encouraged to release old grievances and reorder each day so that you are no longer accumulating new grievances against yourself or others.

This flower image grows straight and true to its purpose.

You, too, also are emerging from times of less clarity into a more direct and fulfilling life path. This image is not shadowed in any way by yesterday's burdens or troubles, and so you are also encouraged to accept each new day without the carryover of previous troubles, burdens, and grievances. Each evening and each morning you can move through, meditate through, and pray through previous hurts and burdens.

APPLICATION

Energy follows every conversation and interaction. Ask yourself, "Is this exchange with my partner, friend, or child productive? Am I learning, sharing, accepting, participating, or feeling otherwise positively engaged? Have I, or are they, closed down, and are we only going through the motions of sharing?" Experience your different responses to people and situations. Try saying to yourself, "I forgive you, and I forgive me for being caught in the process of change and for our being unable to see each other clearly."

Pay attention to the thoughts you have as you fall asleep and those that are on your mind when you wake up. These thoughts embody the situations and the people needing your forgiveness. Releasing yourself from having to be what others want or need lets you find your own true self. Be true to yourself today by forgiving everyone and everything that you meet. Then you will be free to live in love.