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*Desire*

**PRESENT CHALLENGE**

*Healing yourself by healing your relationship with the spirit of Nature.*

You have drawn this card to help you prioritize time for your own healing and for relaxation away from the commitments and responsibilities of your life.

This card of Rejuvenation offers you permission to allow your own inner child to come forth, bringing with him or her your spontaneity, inquisitiveness, and enjoyment in rediscovering your appreciation for yourself and the world around you. You may have become so preoccupied with trying to make your business successful, or meeting the needs of your family, friends or spouse, or trying to change and heal your life, that you're forgetting the importance of laughter, joy, and temporary freedom from responsibility. This card is offering that you may need to take time for yourself to relax and re-balance your life.

**ANGELIC MESSAGE**

*Desire*

*Each human being has a natural passion and desire for living. This desire is often smothered through the struggles and traumas of daily life and the apparent lack of time to accomplish and enjoy life fully.*



*Desire is a part of human nature, and it is often a good thing to turn the energy of desire away from mere sexual fulfillment or task-oriented accomplishment toward accepting the energy of desire as the urge to return and reconnect with nature. You and Nature will both benefit from time together, and healing will be facilitated in both of you.*

*We, your angelic teachers, refer to healing as more than healing the body or the mind, although these are both important. The larger level of healing we speak of involves healing the relationship between your spirit and the spirit of the Earth. As you come to the Earth with your desire to appreciate her presence, you sustain her in her own changing patterns. As you seek to honor Nature and value her creatures, you give her permission to live her own life purpose fully. Planet Earth has a life purpose, as you do, and that purpose involves bringing all levels of life together into a harmonious and self-appreciating balance. When humankind is unable to honor and acknowledge Earth, she experiences the pain of imbalance, and her own spiritual desire is thwarted.*

*When you take time to relax in Nature, find a place that is peaceful and fills you with love for yourself and for life. When you are quiet you are able to feel more readily the Earth's own spirit, and through this subtle attention you encourage her to care for the creatures living on the Earth. When you show compassion to the spirit of Earth, you not only enhance your own ability to relate to Nature, you also increase her ability to relate to you and all of humanity. Your desire to seek a deeper exchange with Nature encourages her spirit and further balances all levels of life, continuing the vibrability of your Earth-School environment.*

### **SPIRITUAL OPPORTUNITY**

The guidance coming to you through this flower image is that in order for you to truly appreciate your own desires you need to understand your life against the larger picture of the Natural World. The extraordinary diversity represented in this flower shows you symbolically both the complexities of all living things and the smooth and consistent energy of Nature at large.

The white color of perfection and the red and pink colors of passion and love are all woven together in this image to guide you into a greater appreciation of your own inner nature and the Natural World of which you are an important part. This card is suggesting that in order to stay balanced and healthy you need to participate in Nature with your own basic nature fully alert and ready to participate.

### **APPLICATION**

A few moments focused on a natural element or devoted to time in Nature can offer you refreshment. Look out the window at the blowing leaves. Walk outside and find a flower to talk to. Let there be quiet times within each hour when you pull your energy back inside and let it refresh your body. Your spirit learns from Nature, so when you seek refreshment and rejuvenation, seek out the flowers, plants, trees, and animals who can take your mind off your daily activities and give your spirit a deeper appreciation for its own daily tasks.

Reconnect with Nature a few moments every waking hour for one week, and notice the new levels of energy you have for all aspects of your living.