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Blessing

PRESENT CHALLENGE

Seeing the blessings in your life.

Reflection cards all lead you more deeply inside yourself so that you can rediscover your own spirit and the means of living in an awakened relationship with God/The Source.

This card brings you the message that the blessings of your life can sustain you even when you or someone you love is in great distress and pain. By focusing on the blessings that your spirit has brought to you or to another, you are better able to learn from the difficulties in your life rather than seeking only to survive them. This card offers renewal and increased self-appreciation because it asks you to lift your eyes from the mundane and fearful toward the evolved and enlightened.

ANGELIC MESSAGE

Blessing

Have you ever wondered what allows someone to have a thankful heart? Each person alive today would like to have a positive, loving attitude and outlook, but some find it almost impossible to set down their weariness in order to find the blessings in their lives.

A blessing is an actual thing. A blessing carries the love from the



Universe directly into your heart. If you are waiting to know blessings with your mind, you will wait forever, because blessings are recognized only through the heart, inner mind, or spirit.

A blessing is divine realization manifested in a meaningful and recognizable way. A blessing is an open invitation to understand more, a gentle loving essence to sustain and hold you when you are hurt, a magical awareness of some truth that you had forgotten or never known before. A blessing is a gift of profound impact to your heart, urging you to take a second look at life and to honor the process of your living even if it is or has been painful and unpleasant. Because your spirit can only love, it accepts blessings as the natural kudos of life. Each blessing offers an awareness of grand insight and wisdom for you to use as the basis of your own developing spiritual philosophy. Imagine the joy in your life if you had heard and acknowledged every blessing that your spirit received over all the years you've been alive. What would today be like for you if you acknowledged the blessing or deeper loving intent offered you through every relationship and unfolding circumstance? You would quickly be a very joyful person.

SPIRITUAL OPPORTUNITY

This extraordinarily brilliant flower image is showing you the nature of your life as it moves from the powerful purity of divine awareness into the magical passion and intensity of Earth-School life. You are being asked to see forthcoming success as the natural extension of continued attention to your relationship with the divine Source. You are being blessed with additional clarity and understanding of the past circumstances that have hindered your growth, and you can expect to move ahead with plans to expand and grow.

Although the blessings of insight, inspiration, and integrity are coming more fully into your life work and your relationships, you are being cautioned that as your future blossoms you should continue to honor the small, daily blessings in your life. Pay attention to the people, animals, plants, trees,

and natural systems that support your life. Pay attention to the seemingly unimportant people who support your success. The challenge is to realize that no matter how brilliant your future, how bright a star in the heavens you become, you are there by the grace of divine love. Your success is meant to help humanity and the Earth, and so your deepest intentions are being honored. Use the blessings in your own life to help others renew their belief in their own blessings from the Universe.

APPLICATION

Saying their prayers at night is a practice that many adults followed as children but failed to continue. Offering thanks and appreciation before meals is also a tradition that has slipped in many households. Practice these two important means of acknowledging the receipt of blessings into your life and the people close to you.

Try saying a grace in which each person contributes a word or thought. Try saying your prayers in ways that focus only on the blessings in your life rather than on what you still need in order to be happy or successful. Make a list of the people you love the most and the blessings that have come to you because of your relationship with each of these individuals. Then make a list of the people you dislike the most and the blessings that have come to you because of these relationships. How many blessings can you count in your life? In this one day? Before closing your eyes for the night, make a practice of mentally listing the blessings you've received that day.