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Belief

PRESENT CHALLENGE

Harmonizing the duality of ego and spirit.

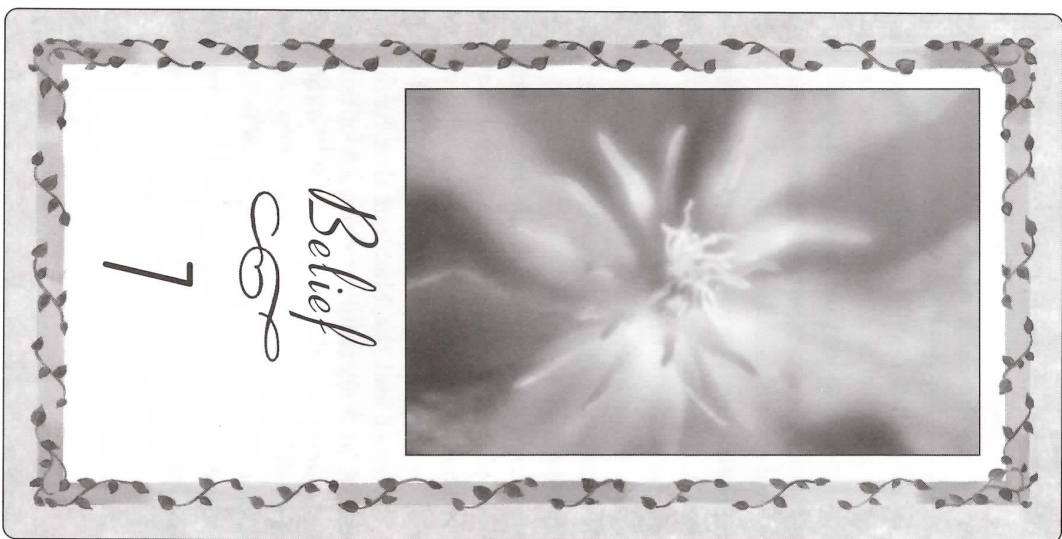
You've drawn this card to help yourself find internal harmony so that the person you truly believe yourself to be can emerge as the dominant role in your life.

Your anxiety over being loved, appreciated, and approved of, or your emotional investment in being different, being the rebel, or carrying on a solo act may be getting in the way of your opting for the choices you need to make and living in the way most conducive to your spiritual growth. This card is suggesting to you that you are underestimating your abilities and aptitudes because you observe your life skills primarily from the ego level. Your selection of this card suggests that you can benefit from observing your life from the spiritual dimension, where limitations are actually focused opportunities.

ANGELIC MESSAGE

Belief

When you are able to view, even for a few seconds, the beauty and loving nature of your inner mind or spirit, you recognize an inevitable split that lies at the basic level of your humanness. In



your mind dwells a duality that allows you to be two people and to operate with two vocabularies and belief systems at the same time.

One belief system is associated with showing other people the ways in which you are proficient and important. The focus in this belief system is on getting your mental and emotional needs met. The other belief system has nothing to support or prove and wants only to remind you that you can live in peace, love, and genuine abundance by accepting your non-grasping self, your spirit. This second belief system focuses on helping you live in love and to believe enough in the power of this divine love that you are encouraged to respect yourself and all other living things.

In your meditations, as you seek to gain insight into your life and divine nature, you may ask to be more directly guided, held in a loving way, and instructed by the forces of Heaven so that you may find relief from the anguish of your life. We, your angelic teachers, suggest that you are being encouraged to redefine your life from the inside out, removing limitations and accepting your natural worth. As you cease fearing your reflection of divine intention and begin to place your focus directly on living your fullest essence, then you will learn from the guidance of many dimensions. Your mind and emotions are meant to reflect the beauty of your soul. When you live with the energy of love shining through your life, then you naturally have more confidence in yourself because this energy is a reflection of divine love.

SPIRITUAL OPPORTUNITY

The guidance from your angelic teachers through this flower image reinforces the power of the energy generated from the spiritual realm. While it may appear to you that the solutions to your life problems lie in changing only your attitudes, or in adjusting where, how, or in what place you live, this card is offering you a different perspective. With the choice of this card you are being assured that the changes you want to come about in your life will arise from a change in perception that releases you to live in ways that reflect your spiritual beliefs completely.

The flower's brightly-colored red petals with darker recesses represent the natural foil for your spiritual energy. Your spirit shines out, illuminating your life no matter the physical circumstances. This card is suggesting that you will find the most outer satisfaction by adjusting your inner beliefs. You are being required to seek God as the center to your life rather than as something tangential and taken for granted until you want or need something to be different.

APPLICATION

You are never upset for the reason you think you are. Finding the pressure point in your ego helps you understand that your ego's voice is different from your spirit's. The first step in self-exploration is to decide what you are exploring. Choose the first upset of the day, and ask your ego, "Why am I upset?" Write down your responses. Now ask yourself, "What do you, my spirit, have to teach me about my upset?" Write down your spirit's words, and use these as the standard for that day's living.

If you have trouble finding your spirit's voice, write out the second question above on a piece of paper. Then write your response to this question for ten minutes without lifting your pen. You'll find that, in spite of your ego's presence, you'll be able to delve more deeply into your inner self. This exercise of writing into your truth is valuable whenever you want greater insight and feel blocked from discovering it.